

RESET

When I was in Colorado last week, I asked the Lord for a focus for my life for this coming season. I believe the things He showed me are for DC as well. Often after a transition, and before we move on to the next thing, there's a time to reset. Many in our DC family have gone through various life transitions in the past few years, and after walking out their healing, they're searching for what the Lord's heart is for them in the next season. The word He gave me to prepare for this coming season is "RESET".

R- Rest

E- Examine

S- Stop

E- Explore

T- Train

REST

We need to obey and learn to carry out the commandment of REST. If we don't allow our bodies to rest physically, we won't be prepared to carry out our assignments. But rest isn't always the absence of work or movement. We also need to learn to rest during the busy times and the battles. Rest means not relying on our own strength, but trusting in His plan, protection, purpose, and provision.

Exodus 20:8-11 (NLT)- Remember to observe the Sabbath day by keeping it holy. You have six days each week for your ordinary work, but the seventh day is a Sabbath day of rest dedicated to the LORD your God. On that day no one in your household may do any work. This includes you, your sons and daughters, your male and female servants, your livestock, and any foreigners living among you. For in six days the LORD made the heavens, the earth, the sea, and everything in them; but on the seventh day he rested. That is why the LORD blessed the Sabbath day and set it apart as holy.

Hebrews 4:9-11 (TPT)- So we conclude that there is still a full and complete "rest" waiting for believers to experience. As we enter into God's faith-rest life we cease from our own works, just as God celebrates his finished works and rests in them. So then we must give our all and be eager to experience this faith-life rest life, so that no one falls short by following the same pattern of doubt and unbelief.

Examine

We should live a lifestyle of examining our hearts and lives and asking Holy Spirit to show us any areas that are not in alignment with God. He will shine His light on things that are sin and things that just aren't in God's plan and purpose for us. He wants us to look at all areas of our lives: body, soul, and spirit.

Psalm 139:23-23 (TPT)- God, I invite your searching gaze into my heart. Examine me through and through; find out everything that may be hidden within me. Put me to the test and sift through all my anxious cares. See if there is any path of pain I'm walking on, and lead me back to your glorious, everlasting ways—the path that brings me back to you.

Stop

We need to intentionally stop doing the things Holy Spirit shows us are hindering our forward movement. Spirit guided discipline (flowy discipline) will be the difference between moving forward or staying stagnant this year.

Titus 2:11-14 (TPT)- God's marvelous grace has manifested in person, bringing salvation for everyone. This same grace teaches us how to live each day as we turn our backs on ungodliness and indulgent lifestyles, and it equips us to live self-controlled, upright, godly lives in this present age. For we continue to look forward to the joyful fulfillment of our hope in the dawning splendor of the glory of our great God and Savior, Jesus, the Anointed One. He sacrificed himself for us that he might purchase our freedom from every lawless deed and to purify for himself a people who are his very own, passionate to do what is beautiful in his eyes.

Explore

God created us in His own image and placed us in a space with unlimited possibilities. He wants us to dive into the unknown this year and really discover and experience Him on a deeper level. The journey of pursuing Him will also help us understand our destiny, His plan for our lives, and the unique person that He created us to be.

Psalm 42:1-2 (TPT)- I long to drink of you, O God, drinking deeply from the streams of pleasure flowing from your presence. My longings overwhelm me for more of you! My soul thirsts, pants, and longs for the living God. I want to come and see the face of God.

Ephesians 2:10 (TPT)- We have become his poetry, a re-created people that will fulfill the destiny he has given each of us, for we are joined to Jesus, the Anointed One. Even before we were born, God planned in advance our destiny and the good works we would do to fulfill it!

Train

Holy Spirit highlighted two areas that we need to train for. He said we need to train to finish the race well during the time He's chosen for us to live physically upon the earth. That means taking care of the health and nutritional needs of our body, the temple of the Holy Spirit. He also said we need to train to rule and reign with Jesus as the Bride of Christ, and prepare ourselves to spend eternity with Him.

Revelation 5:10 (TPT)- You have chosen us to serve our God and formed us into a kingdom of priests who reign on the earth.

Revelation 19:6-8 (TPT)- Then I heard what seemed to be the thunderous voice of a great multitude, like the sound of a massive waterfall and mighty peals of thunder, crying out: "Hallelujah! For the Lord our God, the Almighty, reigns! Let us rejoice and exalt him and give him glory, because the wedding celebration of the Lamb has come. And his bride has made herself ready. Fine linen, bright and clear, has been given to her to wear, and the fine linen represents the righteous deeds of his holy believers."

I Corinthians 9:24-27 (TPT)- Isn't it obvious that all runners on the racetrack keep on running to win, but only one receives the victor's prize? Yet each one of you must run the race to be victorious. A true athlete will be disciplined in every respect, practicing constant self-control in order to win a laurel wreath that quickly withers. But we run our race to win a victor's crown that will last forever. For that reason, I don't run just for exercise (aimlessly), or box like one throwing aimless punches, but I train like a champion athlete. I subdue my body and get it under my control, so that after preaching the good news to others I myself won't be disqualified.

I Corinthians 7:19-20 (TPT)- Have you forgotten that your body is now the sacred temple of the Spirit of Holiness, who lives in you? You don't belong to yourself any longer, for the gift of God, the Holy Spirit, lives inside your sanctuary. You were God's expensive purchase, paid for with tears of blood, so by all means, then, use your body to bring glory to God!

Come Into The Dining Room

I woke up in the middle of the night last night (9/20/23), and heard Holy Spirit say, "Come into the dining room." Then He gave me a word and began to show me things about the dining room. He said He's building a house at DC, and this will be the year to establish the dining room. He's inviting us to come into the dining room to be RESET! It's a place of deeper intimacy with Him that holds many of the things we need to grasp and establish in our lives as we grow and move forward.

Come Into The Dining Room

Come into the dining room, step through the door!
Your prayers are being answered, but there's so much more!

This is a room often unused.
Forgotten and ignored, and even abused.

Many don't know the treasures it holds.
Come take a seat and watch My mysteries unfold!

The dining room is not where the cooking takes place.
The food is already prepared, now it's time to say grace.

With grateful hearts, receive this meal.
Feast on My goodness, receive your fill!

Too often in life, you grab lunch on the run.
Your belly is full, but your spirit gets none.

My table has a setting just for you.
And there's plenty of room to invite others too!

It never gets old, the menu is new each day.
Come discover all this room holds, it's My Kingdom way!

These are the things He highlighted about dining rooms:

- It's a distinct room in the house.
- It used to be acknowledged and used more, but now many houses are built without dining rooms. The dining room is often just combined with the kitchen. If there is a separate room, it's often used as a catch-all place and the table is cluttered with stuff.
- When there isn't a distinct dining room, there isn't a true separation between working and partaking (cooking the meal and eating the meal). Some people eat their meals at bars in the kitchen.
- Many times people sit in the living room to eat. They watch TV or look at their phones and their focus is on the entertainment while they mindlessly put the food into their mouths. The entertainment gets more attention than the meal.
- We value the comfort of our couch or recliner over eating at the table in the dining room.
- Sometimes we even grab our food on the go and eat it as we're running out the door to the next location.
- Even though this is an example in the physical realm, it's what's going on in the spiritual realm.
- We want our spiritual nutrition to be entertaining, in a comfortable place, in our time frame.
- But the Lord said there's so many things we're missing out on in the dining room because we aren't doing spiritual meals God's way.
- Eat/Dine/Food occurs 634 times in the KJV.

The dining room represents a place of intimacy in Father's house where many Kingdom transactions take place. It's a place of:

- **Provision-** Where we receive our daily bread and spiritual nourishment.
- **Prayer-** Where we pause and bow in prayer.
- **Praise-** Where we praise and thank God for providing the meal.
- **Priority-** Where we shut off the TV, phones, etc., and sit down and eat.
- **Partake-** Where we stop working (cooking) and start partaking (eating).
- **Promises-** God visited Abraham and Sarah through three men who gave them the promise of a son while the men ate a meal that was prepared for them. (Genesis 18:1-15)
- **Preparation/Plans-** Jesus used the Last Supper meal to share the plans with his disciples and prepare them for what was coming.
- **Mercy-** Jesus was able to demonstrate mercy through a meal when he dined at Matthew the tax collector's house. (Matthew 9:9-13)
- **Celebration-** Our Father has already intricately planned the Marriage Supper of The Lamb to celebrate our eternal union with His son, Jesus. (Revelation 19:6-9)